

Use this worksheet to gather vaccine information into one convenient, at-a-glance location. Don't worry about filling in every question, as it is likely that not every question will apply to every family. Find helpful resources at NourishingJoy.com/a-common-sense-guide-to-vaccines

Child's Name _____

Age _____

Name of Vaccine _____

Diseases This Vaccine Protects Against _____

SUMMARY (Use this area for easy reference as you talk with healthcare providers.)

DATE: _____

CHILD'S HEALTH PROFILE

Does my child currently have food allergies, eczema, rashes, or other auto-immune issues that can compromise the immune system?

Is there family history of neurological disorders, allergies, or immunological disorders?

Has this child reacted to a vaccination before?

If this vaccination requires a series of shots, has this child received any of the series previously?

NOTES

VACCINE INGREDIENT LIST

Find ingredient lists and product information at www.vaccinesafety.edu/package_inserts.htm OR www.novaccine.com/vaccine-ingredients/

This vaccine is a:

- | | |
|---|------------------------------------|
| <input type="checkbox"/> nasal spray | <input type="checkbox"/> injection |
| <input type="checkbox"/> oral solution | <input type="checkbox"/> other |
| <input type="checkbox"/> homeopathic nosode | |

Complete ingredient list:

Contraindications:

DISEASE & VACCINE INFORMATION

How does this disease naturally enter the body?

Is this disease treatable and/or preventable by natural means? If this vaccine is for international travel, does the child already have any natural immunity to the disease?

How often will the child need to get the vaccine in order to be protected?

Are there any benefits to gaining immunity to this disease through natural infection rather than through the vaccine?

How long has this vaccine been on the market?

Has this vaccine been sufficiently tested? Are there any concerns about how the studies were conducted?

POSSIBLE RISKS & ETHICAL ISSUES

If my child contracts this disease, what is the probable outcome? What are the risks?

If my child receives this vaccine, what is the probable outcome? What are the risks?

Is the disease common where the child lives or is going to be traveling? What is the likelihood of contracting the disease? How is the disease spread?

Are there any ethical issues associated with this vaccine? (e.g. use of aborted fetus tissue, cultured in genetically modified human tissue, use of green monkey or other animal tissue, etc)

Would there be any legal or ethical ramifications if my child doesn't receive this vaccine? Am I/Are we willing to bear those?

How will our decision affect our community - medically, emotionally, and spiritually?